

## Basic Flight Information For Pilots

Piloting a craft through the use of brainwaves alone certainly qualifies as a completely unique experience in the history of human endeavors. However, if you are reading this, then you have either already experienced your first of many exciting, provocative and mentally stimulating flights or you are well on your way.

The term, Cerebotic, is derived from “cerebral” and “robotic” which translates to “control of a remote device through the direct application of brainwaves.” As your current training has been teaching you, *direct intention*, however, will not produce the results you seek. In the case of cerebotically piloting the UFO craft, and indeed applying peak performance in your life as well, forced focusing will result in the inability to attain your objectives or, at best, will result in less than you know you can do.

The Brainwave Pilot motto, “Cogito ergo queo,” sums it up.

“I think, therefore I can.”



THE  
BIOFEEDBACK  
CENTER

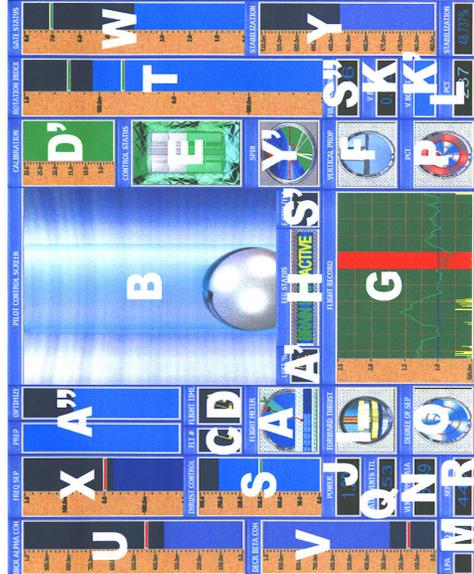
Established 1976



INSTRUCTIONS  
FOR  
CEREBOTIC  
PILOTS

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## PILOT CONTROL INTERFACE



Pilot Control Screen with Labels

Label	Object	Name	Module
A	Video Player 7	Flight Meter	7
A'	Meter 17	LOFT %	7
A''	Bar Graph 7.8	Prep, Optimize	7
B	Video Player 3	Altitude Simulator	7
C	Meter 15	Flight #	5
D	Meter 12	Flight Time	5
D'	Bar Graph 4	Calibration	5
E	Video Player 5	Phit Control Status	9
F	Video Player 4	Vertical Prop	7
G	Trend 4	Flight Record	7
H	Video Player 9	EEG Status	9
I	Video Player 8	Forward Thrust	9
J	Meter 11	Power	7
K	Meter 13	Vertical Boost	7
K'	Bar Graph 6	V Boost ON	7
L	Meter 14	PCT Value	5
M	Meter 7	FRQ SEP	3
N	Meter 9	VERT PPM DATA	7
O	Video Player 1	Degree of Sep	6
P	Video Player 2	PCT	6
Q	Meter 10	Gate Events TTL	5
R	Meter 5	Sep %	3
S	Threshold 10	Thrust Control	9
S'	Score 1	Full Control/FLT	9
S''	Score 2	Full Control/TTL	9
T	Threshold 9	Rotation Index AVT	8
U	Threshold 1	Increase Alpha Coh	2
V	Threshold 2	Decrease Beta Coh	2
W	Threshold 8	Gate Status	3
X	Threshold 3	Freq Sep	2
Y	Bar Graph 5	Stabilization	8
Y'	Video Player 6	SPIN	8

The most important data readouts on the pilot's screen are found in the center. When the Power Output (J) and the Flight Meter (A) are above "1.00" and you are past the 30-second recalibration period (H, D, D') at the start of each flight (C), vertical control of the craft (F) is responding to your brainwaves which is indicated when the yellow light in the Control Status screen (E) is on. If you maintain Alpha Coherence (U) consistently above Beta Coherence (V), you will generate a boost to your vertical lift relative to the coherence difference and duration (K, K').

When you have enough altitude (B) or adequate lift (J), rotational control will become available, and the third light in Control Status (E) will turn green. When the SPIN gauge (Y') is level, you have controlled rotation successfully.

As altitude and rotational stability are secured, the fourth light will turn green. This indicates that forward thrust (I, S) is now under your mental control.

Forward flight is an advanced degree of cerebotic control. It may only occur briefly at first and may not result in forward movement during your initial attempts.

If your Power Output stays below 1.00, let your attention rest on the mental state control indices (O & P). These operate precisely as they did in the earlier training protocols. Reinforcing their movement towards the center will result in an increase in events (Q). When you produce several events, the Power Output will start to increase, and flight controls will respond to your mental state again.

You can track your forward flight events (S', S''), % loft time (A') and vertical progress for each flight on the Flight Record screen (G). The current status of your training process is found in the special bar graphs (A'') above the flight timer.



## FLIGHT SEQUENCE OBJECTIVES

1. Vertical Lofting
2. Repeated Lofting
3. Hovering
4. Hovering Without Spin
5. Forward Flight
6. Directed Flight

## THOUGHT PATTERN CONTROLS

### Step One: Observation

Initially let your subconscious mind do the work. Your training so far will automatically interface with the neural net. Simply take note of the experience without analyzing it.

### Step Two: Permission

Once you realize that you can loft the UFO into flight, permit your mind to reproduce the action. Your skills will automatically seek to repeat the process *only if you permit it*.

### Step Three: Introspective Reverie

In order to hover the craft you will need to seek a mental space that extends the sense of permission to your surroundings. Instead of trying to block out whatever is happening around or within you, allow these experiences, thoughts and feelings to become part of your mental reality. Maintaining visual contact with the UFO is essential, but it is not necessary to fix your gaze on it.

### Step Four: Relaxed Focus

Rotation is controlled by your Alpha-Theta balance. This is one of the few clearly definable mental states as of the current time (early 21<sup>st</sup> Century). When your mental state approaches relative amplitude balance of these brain waves, you will arrest rotational movement. Similarly, too much Alpha (light day-dreaming state) will cause left rotation. Too much Theta (deep reverie) will cause right rotation.

### Step Five: Translation

Coordinated extended forward flight is an advanced degree of the mental efficiency attainable through piloting the UFO. This type of control will also come quite naturally as a consequence of both training and moving through the other steps. At this stage your mind will find a comfortable thought, image, word or phrase that it will use to *effortlessly* access all skills needed to control the UFO craft.

### Step Six: Extension

Just as you control your arm, hand and finger to turn on a light switch, direct the UFO as if it were an extension of your body. Think of where you want it to go, and your brain fills in all the necessary controls to get it there as long as the destination is within sight or clearly remembered.

By now your mental efficiency will be well on the way to maintaining peak performance effortlessly and continuously.